Dear Friends and Supporters:

As I see the news telling us over and over again about the flooding and how so many have lost everything, I wonder at the attitudes of the brave and resourceful senior adults who have lost everything they have worked all their lives to build, and for many this is not the first time.

I am amazed how they can speak of their losses and not break into tears. We seem to let it roll right over us, but then see our neighbors in rural areas, river areas, or small towns immediately step up to give all that they can to help their neighbors whether in goods, time, clean-up and repair.

At CRSS we hope we can help many of these seniors as well as connect them with other resources.

In the last months we were blessed by over 50 donors who gave to the Give St. Louis Day fund. I gave the amount we raised to one of our very low income Assisted Living Facilities for new mattresses, new pillows and sheets sets. Not long after the residents were told that they would be receiving these rather “ordinary” gifts, we had a tour for our Board members that included this facility. The staff and the residents were so thrilled to be able to tell the Board how tickled each of them was to get what you and I might experience as “ordinary” or an “every day” purchase. It was not ordinary for them they told Board members. They felt so special and so grateful to our donors who helped replace mattresses and bedding 15 years old or more.

These are the stories we hear over and over. Because of supporters like you, we can make “ordinary” very “special” and clean up and repair a community event. Thank you for helping us help senior adults in need - no matter the project, we work to make their lives more comfortable and their sleep more peaceful!

Blessings on each of you and on your families. Thank you for joining the support our donors and volunteers give each day!

Blessings,

Sister Suzanne Wesley, CSJ
Chief Executive Officer
Cardinal Ritter Senior Services
Spring Raffle raises funds for DuBourg House!

Thanks to all those who took a chance on an electronics package and a Cardinals baseball package during the annual CRSS Spring Raffle. Proceeds from the raffle were used to replace the flooring at DuBourg House, CRSS’s assisted living facility located in St. Louis Hills.

Cardinal Ritter Senior Services joined with hundreds of other nonprofits for the 2nd annual GiveSTLDay and raised more than $10,000! These funds were used to replace the mattresses, bedding, sheets and pillows at St. Elizabeth Hall, CRSS’s assisted living facility located in the Central West End. Mark your calendar for GiveSTLDay 2016 – Tuesday, May 3, 2016!

Mayor’s Day!

CRSS’s Foster Grandparents were honored at the Mayor’s Day Event held this Spring. The Foster Grandparent Program was recognized for excellence in volunteer service. The grandparents in the pic from left to right all serve at Kingdom House, where the event was held: Doretha Bias, Robin Simmons, St. Louis Mayor Francis Slay, Maseline Cannon, Delores Booker, Back row: Aarya Locker, Foster Grandparent Project Manager and Ann Kuhn Jones, Administrator of Our Lady Of Life Apartments.
Faith Community to open in Fall 2015.
Mother of Perpetual Help, CRSS’s Assisted Living Facility located on the Shrewsbury campus, will expand its offerings for Assisted Living Memory Care with the addition of Faith Community. This expansion is a result of the need and success of the current Grace Memory Care Community which is also located at Mother of Perpetual Help Assisted Living Facility. Scheduled to open early Fall 2015, Faith Community will provide ten additional studio apartments in a secured community for those with dementias, such as Alzheimer’s Disease, and other cognitive impairments. For additional details, contact the Stacy, Admissions Coordinator at 314-447-6282.
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Father Bob Lampert's 50th Anniversary
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Senior Adult Week is always a special week throughout all of the CRSS programs and facilities. Residents, staff, families and clients join together for a week of fun, food and friends! This year’s theme, Bring on the Fiesta, kicked off on Monday with Elvis. Family and special guest dinners, activities including dances, entertainment and Big Bucks Bingo provided many laughs and the week ends with CRSS celebrating all CRSS employees!
Volunteers in Action at CRSS

This summer, volunteers from Lee’s Summit descended upon our facilities, bringing energy and enthusiasm and a lot of hard work to our community! The teens from Woods Chapel United Methodist Church spent 2 days at our DuBourg House Assisted Living Facility working to spruce up the garden and courtyard areas for our residents. They also accompanied the residents on a field trip to Forest Park and the St. Louis Art Museum!

We are very grateful for the long distance these volunteers traveled, and for all of their hard work and the wonderful joy and cheerfulness that they brought to our residents!

Special Thanks to the following volunteer groups who have spent time at our facilities during the last four months:

- Cor Jesu Academy Students
- Immaculate Conception Dardenne Prairie 8th grade students
- Incarnate Word Parish Chesterfield
- Mehlville High School students and faculty employees
- St. John Vianney High School faculty and students
- St. John Vianney High School Junior students
- St. Louis Archdiocese Project LIFE
- UW Days of Caring – Scottrade/
  St. Louis Blues 14 Fund
- Visitation Academy Junior students
- Washington University Law students
- Woods Chapel United Methodist Church (Lee’s Summit, MO)
- UW Days of Caring – Safety National employees

Help Wanted:

Ongoing/Individual Volunteer Opportunities:

- We are searching for volunteers to help us with our new “Memory Care Therapy” program at our skilled nursing facility, assisted living facilities and our Adult Daycare Program. The potential volunteer will encourage individual seniors with memory problems in art projects, including paint, collage, and similar activities. The program is scheduled to begin in January 2016.
- The gift shop at Mary, Queen and Mother Center (Shrewsbury Campus) is looking for volunteers to work a 4 hour shift on Saturdays and Sundays.
- Mary, Queen and Mother Center would like a volunteer on Wednesdays to help transport residents to and from the Beauty Shop (12:30-3:00 p.m.).
- Pastoral Care at Mary, Queen and Mother Center needs volunteers to help transport residents to and from chapel for Rosary and Mass on Sunday, Monday, Tuesday and Wednesday (9:30 a.m. to 11:00 a.m.), and to assist with distributing Holy Communion on Saturday (9:30 to 10:30 a.m.).
- Mary, Queen and Mother Center is also in need of an Accompanist and Cantor to lead and accompany hymns for Sunday Mass at 10:15 a.m.
- Mother of Perpetual Help is looking for some outgoing volunteers to independently conduct an activity program (sing a longs, crafts, social reminiscing gatherings, games, chair volleyball, etc.) during the day, evening, and on weekends, including in the Grace Memory Care Community. The ideal person won’t mind knocking on doors to invite, or remind residents.
- If you like to do arts and crafts, Mary, Queen and Mother Center would like your help on Fridays from 1:00-3:30 p.m. to help residents one-on-one with the craft project of the day.

If you, or anyone you know, would like to volunteer for one of the above opportunities, please contact the development office at (314) 961-8000 ext. 1347 or by email at kethington@crssstl.org
MISSION STATEMENT
Inspired by the teachings of Jesus Christ, the mission of Cardinal Ritter Senior Services is to be a recognized provider in giving person centered care through an integrated continuum of quality residential, healthcare and supportive social services for senior adults throughout the Archdiocese of Saint Louis.

7601 Watson Road
St. Louis, MO 63119
www.cardinalritterseniorservices.org

You are Invited

Friday, November 6th CRSS Returns to Fabulous Motown! The evening includes a sit down dinner, dancing and entertainment with the Fabulous Motown Revue and lots of fantastic auction items all while raising funds for senior adults! For more information about sponsoring, attending and donating auction items please visit the CRSS website www.cardinalritterseniorservices.org or call the Development Office 314-961-8000. Raffle tickets for a Trip for Two to Hawaii are also available!