

Volunteers

"Those who can,
do. Those who can do more, volunteer."

~Author Unknown

Volunteering

has a long and proud history in America. Our roots in service extend all the way back to the first colonies, when volunteers provided for others in times of strife. From the very beginning of our nation, in wartime, times of tragedy and times of need, Americans have banded together to help each other.

Volunteers

have always made a difference to Cardinal Ritter Senior Services. Whether it is volunteering at one of our facilities through the Community Volunteer Program or volunteering for others through our Retired Senior Volunteer Program and Foster Grandparents Program, volunteers benefit us all!

But did you know that it
can have many benefits for you too?
Here are some of the top reasons to volunteer (from Ten Professional
Development Benefits of Volunteering (Everything I Learned in Life I
Learned through Volunteering). Mary V. Merrill, LSW, Merrill Associates):

Learn
or develop a new skill

Volunteering

is the perfect vehicle to discover something you are really good at and develop
a new skill.

Be
part of your community

No man or woman is an island. We sometimes take for granted the community that we live in. Volunteering is ultimately about helping others and having an impact on people's wellbeing. What better way is there to connect with your community and give a little back?

Motivation
and sense of achievement

Fundamentally, volunteering is about giving your time, energy and skills freely. Unlike many things in life there is choice involved in volunteering. It may be true that no one person can solve all the world's problems, but what you can do is make that little corner of the world where you live just that little bit better.

New
interests and hobbies

Sometimes we do get locked into the "rat-race" of life and volunteering can give that escape to everyday routine and create a balance in our lives. Finding new interests and hobbies through volunteering can be fun, relaxing and energizing.

New
experiences

Volunteering is a brilliant way to get life experience. Whether you build a library or mail flyers to raise awareness for a local charity, you will experience the real world through hands-on work.

Meeting
a diverse range of people

Volunteering
brings together a diverse range of people from all backgrounds and walks of

life. Both the recipients of your volunteer efforts and your co-workers can be a rich source of inspiration and an excellent way to develop your interpersonal skills. Volunteering also offers an incredible networking opportunity. Not only will you develop lasting personal and professional relationships but it is also a great way to learn about people from all walks of life, different environments, and new industries.

Send
a signal to your employer, teachers, friends and family...

Volunteering
reflects and supports a complete picture of you, and gives real examples of your commitment, dedication and interests. Show people what you are passionate about and maybe you will inspire them too!

If you or
someone you know are interested in volunteering, please read further about our volunteer programs by clicking on one of the programs below:

[CRSS Community Volunteer Program](#)

[Retired
Senior Volunteers Program \(RSVP\)](#)

[Foster
Grandparents Program](#)